# Parent Handbook Summer QUEST 2024

### May 30 - Aug. 20



QUEST School-Age Child Care Catawba County Schools

> 2285 N Anderson Ave Newton, NC 28658 (828) 695-2681 Fax (828) 466-7054

Email: Leslie\_Woodring@catawbaschools.net

### **Program Description:**

QUEST programming offers children a wide range of hands-on activities: physical activities (indoor and outdoor), quiet time, adult-led activities, and centers (arts, crafts, science, dramatic play, music, movement, STEM, etc.). Additionally, we will have special guest speakers, events, and field trips.

### **QUEST Staff:**

A Program Coordinator who plans, manages payments, and supervises the staff leads each QUEST site. Other QUEST staff on site will include - Assistant Program Coordinators, and Group Leaders; these staff will guide students through the activities of Summer QUEST. All QUEST staff receive Basic School Age Care, First Aid / CPR, and 5-15 hours of other training.

### **NO Smoking Policy:**

All Catawba County Schools properties / facilities are smoke-free, which includes parents, even in vehicles. NO smoking of any type is permitted on Catawba County School campuses.

### **How to Enroll:**

The Summer QUEST Parent Handbook and Enrollment Forms are available at each QUEST site and/or online at catawbaschools.net. Every parent must provide accurate information on the child's enrollment forms, including, updated address, phone number, authorized emergency contacts and pick-up individuals. Parent signatures verifies the information is correct. As information changes, please provide updates to your QUEST Program Coordinator.

In order to secure placement in Summer QUEST, completed enrollment forms must be returned with the \$25.00 registration fee and first weekly fee of \$130.00.

### Insurance Coverage REQUIRED for ENROLLMENT:

Children MUST be covered by an insurance policy (family/individual plan or school accident insurance) in order to enroll and participate in QUEST. Proof of coverage must be provided on the QUEST Enrollment Form. Catawba County Schools and the QUEST program will not be responsible for any expenses related to any accident / incident occurring while attending QUEST.

### Summer QUEST will operate at the following sites:

Blackburn Elementary	Catawba Elementary	Startown Elementary
Lyle Creek Elementary	Snow Creek Elementary	St. Stephens Elementary

### **Program Operational Information:**

- > Summer QUEST programs will operate from 6:00 am to 6:00 pm, Monday Friday.
- > Summer QUEST will begin on Thursday, May 30,2024 and end August 20, 2024
- ➤ All Summer QUEST sites will be CLOSED July 1-5, 2024
- > Students MUST arrive by 9:00 daily, unless otherwise determined by field trip departure
- > Students attending Summer School can attend also attend Summer QUEST before / after school
- Summer School students requiring Summer QUEST services MUST attend Summer School at a school that has a Summer QUEST site (Blackburn, Catawba, Startown, Lyle Creek, Snow Creek, St. Stephens)

### Summer QUEST Rates:

Registration / Activity Fee	\$25.00 per Summer QUEST enrollment		
Weekly Summer Care	\$130.00 per week - 1st child \$120.00 per week - additional child(ren)		
CCS K-6 Summer reading Camp / QUEST Option: June 10-27	Before School Care After School Care Friday	\$28.00 per week \$40.00 per week \$26.00 per day	

### Fee Rates and Policies:

QUEST is committed to providing the highest quality programming and staff while keeping our fees as affordable as possible. Our fee policies are also designed to ensure our ability to pay our well-trained staff. **Weekly payments are due on Monday of the attendance week**.

- Summer QUEST participants are charged a \$25.00 non-refundable activity fee for each summer enrollment
- Enrollment requires payment of the activity fee plus the first week's fee and completed Enrollment Forms
- Payment is DUE each Monday by 6:00 pm
- All accounts are billed for the entire week regardless of attendance
- A late payment fee of \$5.00 will be charged for payments not received by 6:00 pm each Monday
- If the weekly fee plus the \$5.00 late fee are not paid by 6:00 pm on Tuesday, an additional \$5.00 late fee will be charged. Students on the account will not be able to attend starting Thursday of the unpaid week. The account will be deactivated. Once the account is paid in full, an additional \$25.00 enrollment fee will be charged to reactivate the account;.
- When students are picked up after 6:00 pm, a \$10.00 late fee will be charged for every 15 minutes staff spend waiting on pick up.
- Excessive late pick-ups will result in dismissal from the QUEST program
- If parents or authorized guardians have not picked up a child or contacted the QUEST staff by 6:30 pm, Child Protective Services and/or Law Enforcement will be notified
- A child may not transfer to another QUEST site or be re-enrolled with a balance due
- Subsidy clients are responsible for the full cost of care in the event the funding source denies the reimbursement.
- Subsidy clients are responsible for payment of the activity fee
- Subsidy clients are responsible for obtaining appropriate documentation / vouchers for each QUEST site attended
- These fees and enrollment policies are subject to change; parents will be notified in advance of any changes

### **Court Ordered Custody Papers:**

Any family circumstance involving a court order regarding parent/guardian custody, or legal visitation should be kept on file in the QUEST office. Upon proof of identity, QUEST will allow a biological parents, legal custodian/guardian to pick up a QUEST child and /or access the site and student records, unless QUEST receives a court order terminating rights of the individual.

### Non-Sufficient Funds (NSF):

QUEST accepts checks, however, in the event your check is returned, your child's account will be charged a \$5.00 late fee and a \$25.00 NSF fee. When such an event occurs, QUEST will no longer accept checks for the account; only money orders, debit cards, credit cards, or automatic drafts will be accepted.

### Tax Information:

A year-end statement for tax purposes will be created and distributed in January. The QUEST tax identification number will be printed on the statement.

### Attendance:

QUEST charges weekly for care regardless of attendance. Billing is specifically based on contract options. Accounts will not be credited for any absences - excused or unexcused. Additionally, you will not be refunded for any days your child may be suspended. Your account will be charged for the weeks you select you are planning to attend.

### **Lunches/Nutrition:**

- Breakfast, lunch, and snack will be provided except for May 30-31 and August 16, 19-20
- Students will be required to pack a bagged lunch on May 30-31 and August 16, 19-20
- Lunches brought from home MUST be labeled with child's name and date
- Lunches brought from home MUST meet the federal/state standards: 2 oz. of meat, cheese, or peanut butter; 1.5 cups of fruits or vegetables; and 1 or more slices of bread/crackers. For example, a cheese sandwich, an apple, and a small bag of carrot sticks would make a balanced lunch.
- Milk is provided for all meals
- WIC information is available for QUEST families
- Menus for meals and snacks are provided by Child Nutrition and/or Summer QUEST; menus are posted and available for parents
- ALL parents MUST complete a "Nutrition Opt Out" form this allows your child to pack a lunch, bring a water bottle, and/or bring an extra snack

### **Transportation / Field Trips:**

Parents/guardians are responsible for transporting their children to and from the QUEST program. Catawba County Schools activity buses will be used to transport children and staff to/from all field trip destinations Each Summer QUEST site will plan/take 3 field trips per week. Departure time for most field trips is 8:30 and return time is 2:30. Program Coordinators will provide parents with specific information regarding each planned field trip. Parents/guardians MUST give written permission for their child to attend field trips. Each student will be given a "field trip" t-shirt. Please ensure your child wears this specific t-shirt on all field trips.

### **Outdoor Activities:**

Outdoor activities are offered daily at each QUEST site. QUEST staff will monitor the heat index, air quality, wind-chill., and levels of precipitation to ensure student safety. Please dress appropriately for outdoor play.

### Sign In/Out Procedures:

Safe arrival of children is very important. Children MUST be escorted into QUEST by a parent, guardian, or designee. Both time and parent, guardian, or designee signature are required for each drop off / pick up. Initials are also acceptable, Failure to comply with these requirements will result in dismissal from the QUEST program. For the safety of children, you must sign students out BEFORE they will be released to you.

QUEST employees have the right to check the ID of any individual picking up a child at any time. Students WILL NOT be released to an individual who is not listed on the pick up list. Children are not allowed to leave with anyone under the age of 16.

Behavior Guidelines / Student Conduct: How we handle behavior concerns...

Our goal is to have a happy and healthy environment for children. Praise and positive reinforcement can be effective methods of managing children's behavior. When children have positive and compassionate interactions with adults and others they develop good self-confidence, problem solving abilities, and self-discipline. NOTE: Parents will be given 2 weeks notice regarding any changes to the discipline policy before implementation.

Please be advised, the Catawba County Schools Code of Student Conduct - CCS Board Policy 4.3600 - remains fully in force during all QUEST programs and activities. Options for effective discipline and control are set forth in the CCS Board Policy 4.3600. These options are also aligned with DCDEE regulations and policies.

We DO	We DO NOT
<ul> <li>Listen to, praise, reward, and encourage children</li> <li>Reason with and set limits</li> <li>Model appropriate behavior</li> <li>Modify the environment</li> <li>Provide alternatives</li> <li>Provide natural and logical consequences</li> <li>Explain things to children on their level</li> <li>Use short supervised periods of time out</li> <li>Remain consistent in behavior management and expectations</li> </ul>	<ul> <li>Physically punish students</li> <li>Belittle, scold, threaten, use profanity or make sarcastic remarks</li> <li>Shame or punish when bathroom accidents occur</li> <li>Leave children alone, unattended, or without supervision</li> <li>Allow children to discipline other children</li> <li>Criticize or belittle children's parents, families, or ethnic groups</li> </ul>

### Suspension:

This procedure temporarily removes a child from QUEST. We understand this is difficult for parents who are working, however, it may be necessary in order to keep all children safe. Suspension may result if a student violates the Student Code of Conduct. QUEST does not refund for the days a child is suspended from the QUEST program.

### **Anti-Harassment Statement:**

QUEST and Catawba County Schools do not tolerate acts of harassment, including acts of harassment based on race, color, or national origin, Any student or employee who believes he/she has been subjected to harassment or a hostile environment based on race, color, national origin is encouraged to report the harassment or hostile environment to the Program Coordinator, the school Principal, or the school system's central administration. In each case, the school system is committed to conducting a prompt and thorough investigation. QUEST participants found to have engaged in acts of harassment or other acts that create a hostile environment based on race, color, national origin will be promptly disciplined in accordance with the school system;s Code of Student Conduct. The entire Code of Student Conduct can be accessed from the

Catawba County Schools webpage. Students, employees, and parents are encouraged to work together to prevent acts of harassment.

### **Parent Conferences:**

A parent conference may be requested by the Program Coordinator or Parent(s) to discuss a situation that requires prompt attention. Parent conferences help us plan together to address situations and improve issues as they arrive. Parent support and cooperation are essential for continued enrollment in QUEST.

### Special Needs / Inclusion:

Please advise your Program Coordinator of any allergies, physical, or mental challenges, fears, strong dislikes, or any other condition which may affect your child's health, happiness, or ability to function in a group setting. Concerns or restrictions will be addressed with parents on an individual basis.

### **Child Illness:**

Your child's health and comfort are a primary concern. If your child becomes ill, please keep him/her at home. Do not send your child to the program with a fever, as he/she may be contagious. Please notify the Program Coordinator if your child is exposed and/or contracts COVID.

If your child is suspected of having a communicable disease such as a skin rash, pink eye, diarrhea, lice, skin infection, COVID, strep throat, etc. he/she will be placed in an area separated from the other children. You will be contacted to pick your child up as soon as possible.

Parents/Guardians will be notified immediately of any illness or injury to your child needing specific instruction or care. If you cannot be reached, the emergency contact designated on your child's enrollment forms will be contacted to pick up your child. Please make sure this information is current.

### **Medication Administration:**

Parents who are able to come to Summer QUEST to administer medication may do so at any time. Otherwise, a signed **medication authorization form** is required. North Carolina licensing regulations require medications to be locked and only accessible to adults. **This form is REQUIRED every 6 months.** Please deliver medications, creams, sunscreen, inhalers, etc. directly to the Program Coordinator. Please DO NOT send these items with your child(ren). Prescribed and over-the-counter medications MUST be stored in the original container in which they were dispensed with the pharmacy labels specifying:

- Child name
- Name of medication and/or prescription number
- Amount and frequency of dosage
- Name of prescribing physician or other health professional, if prescribed
- Date the prescription was filled, if prescribed

### **Accidents:**

Injuries will be documented and communicated to the person designated on the contact information. Parents will be contacted immediately in the event of a serious injury. Staff trained in first aid and CPR will present at all times.

### **Cell Phone / Smartwatch Policy for Students:**

Student cell phones and/or smartwatches are not allowed at QUEST. Such devices should not be out, visible, or used at QUEST; they should remain in student bookbags.

### **Personal Items:**

QUEST is not responsible for the protection or security of any personal belongings brought to QUEST. Your child shall be responsible for their own belongings. Students are provided with a basket/space to keep their belongings.

### Student Dress Code:

Children should wear comfortable, clean, and appropriate clothing and shoes to QUEST. Rubber soled shoes that fit securely are recommended. Our daily schedule includes indoor and outdoor physical activities. Please ensure that your child dresses appropriately for the weather. We recommend you label coats, jackets, water bottles, lunch boxes, bookbags, towels, swim goggles, etc. QUEST staff will help children learn to keep their personal belongings in their basket for safekeeping. Please dress ready to play and have fun.

### Clients Right to Know:

Your child's files may be reviewed periodically by representatives from the Division of Child Development and Early Education or other regulatory agencies. QUEST considers everything in the child's file to be confidential. This information will not be shared or distributed to others without prior written approval or an appropriate court order/subpoena.

### Parent/Guardian Participation Plan:

Parents are encouraged to visit QUEST at any time to observe activities and staff interactions with the children. You may also schedule an appointment with the Program Coordinator to discuss your child's needs. We also encourage parents to volunteer with, donate to, and participate in our programming.

### Parent/Guardian Input:

QUEST Will provide you with satisfaction surveys periodically as a means of addressing your needs and to facilitate continuous improvement. We will maintain on-going monitoring of our program and services to ensure quality childcare.

### Parent/Guardian Concerns:

If you have questions or concerns at any time, please do not hesitate to discuss your needs with your Program Coordinator. If you prefer to make an appointment, we will be glad to meet with you individually. You may also discuss your needs with the QUEST Program Director by calling 828-464-8333.

### **Family Support:**

QUEST Program Coordinators will gladly assist you in locating community resources. One of our Community's most efficient means of finding resources is to simply dial 211 from any phone. Callers will be connected with services in our local area at no cost.

### **Termination of Services:**

QUEST Will make every effort to provide for the needs of all our children and families, however, there are situations that may lead to the termination of QUEST services. Services may be terminated for:

- Failure to make payments
- Failure to provide updated contact information
- Behavior that is considered threatening or puts children or others at risk of harm
- Repeated or egregious violations of the Code of Student Conduct, or
- Repeated or egregious violations of QUEST's and Catawba County Schools's policies/procedures
- Repeated or excessive late pick-up

### Thank you for allowing us to care for your child!

### **Contact information for our Summer QUEST sites:**

QUEST Program Director: Kelly Nicholson Email: Kelly Nicholson@catawbaschools.net

Office: 828-466-7101 Cell: 828-851-6108

Location	QUEST cell phone	Coordinator	School Phone	School Principal
QUEST at Blackburn	828-639-9511	Chelsea Phillips	704-462-1344	Jessica Minton-Cable
QUEST at Catawba	828-639-1439	Kristi Poe	828-241-3131	Michael Lee
QUEST at Lyle Creek	828-514-8142	Connie Uncapher	828-466-7068	Murphy Post
QUEST at Snow Creek	828-962-0094	Tammy Watson	828-256-2335	David Hoots
QUEST at St. Stephens	828-578-3830	Renee Watts	828-256-2570	Matt Barham
QUEST at Startown	828-578-1676	Tamikka Farley	828-464-1257	Jennifer Stodden

### **Appendices**

Summer QUEST Calendar of Dates

Summary of NC Child Care Law and Rules (English/Spanish)

Summer QUEST Registration Form

Permission to Administer QUEST Sunscreen

Movie Permission Form

Swimming Permission Form

Nutrition Opt. Out Form (English/Spanish)

### Summer QUEST 2024 Calendar of Dates

CLOSED - Memorial Day Holiday	May 27
CLOSED - Change Over Days	May 28-29
Summer QUEST First Day	May 30 - August 20; CLOSED July I-5
Summer Reading Camp Dates	June 10-27
CLOSED - Fourth of July Week	July 1-5
Bagged Lunch Required; Students will be required to bring a bagged lunch on these specific days (All other days a lunch will be provided)	May 30-31 and August 16, 19-20
Summer QUEST Last Day	August 20
CLOSED - Change Over Days	August 21-23

\*\* Students attending Summer Reading Camp will need to attend Summer Reading Camp at their Summer QUEST Site \*\*

### Summer QUEST 2023 will operate at:

Blackburn Elementary

Catawba Elementary

Lyle Creek Elementary

Snow Creek Elementary

St. Stephens Elementary

Startown Elementary

## Space and Equipment

There are space requirements for indoor and outdoor environments that must be measured prior to licensure. Outdoor play space must be fenced. Indoor equipment must be clean, safe, well maintained, and developmentally appropriate. Indoor and outdoor equipment and furnishings must be child size, sturdy, and free of hazards that could injure children.

# Licensed centers must also meet requirements in the following areas.

### Staff Requirements

Administration Credential or its equivalent. Lead teachers in The administrator of a child care center must be at least 21 North Carolina Early Childhood Credential or its equivalent. younger. All staff who work directly with children must have requirement, they must begin credential coursework within a child care center must be at least 18 and have at least a any caregiver that works with infants 12 months of age or Care training and create the EPR plan. All staff must also six months of being hired. Staff younger than 18 years of years of age or older. All staff must complete a minimum completed the training must be present at all times when number of training hours, including ITS-SIDS training for CPR and First Aid training, and at least one person who Emergency Preparedness and Response (EPR) in Child undergo a criminal background check initially, and every age must work under the direct supervision of staff 21 administrators and lead teachers do not meet this and have at least a North Carolina Early Childhood children are in care. One staff must complete the hree years thereafter.

### Staff/Child Ratios

Ratios are the number of staff required to supervise a certain number of children. Group size is the maximum number of children in one group. The minimum staff/child ratios and group sizes for single-age groups of children in centers are shown below and must be posted in each classroom. The staff/child ratios for multi-age groupings are outlined in the child care rules and require prior approval

Max Group Size	10	12	20	25	25	25
Teacher: Child Ratio	1:5	1:6	1:10	1:15	1:20	1:25
Age	0-12 months	12-24 months	2 to 3 years old	3 to 4 years old	4 to 5 years old	5 years and older

# Additional Staff/Child Ratio Information:

Centers located in a residence that are licensed for six to twelve children may keep up to three additional school-age children, depending on the ages of the other children in care. When the group has children of different ages, staff-child ratios and group size must be met for the youngest child in the group.

## Reviewing Facility Information

From the Division's Child care Facility Search Site, the facility and visit documentation can be viewed.

A public file is maintained in the Division's main office in Raleigh for every licensed center or family child care home. These files can be viewed during business hours (8 a.m. -5 p.m.) by contacting the Division at 919-814-6300 or 1-800-859 www.ncchildcare.ncdhhs.gov.

## How to Report a Problem

North Carolina law requires staff from the Division of Child Development and Early Education to investigate a licensed family child care home or child care center when there has been a complaint. Child care providers who violate the law or rules may be issued an administrative action, fined and/or may have their licenses suspended or revoked.

Administrative actions must be posted in the facility. If you believe that a child care provider fails to meet the requirements described in this pamphlet, or if you have questions, please call the Division of Child Development and Early Education at 919-814-6300 or 1-800-859-0829.



# Summary of the North Carolina Child Care Law and Rules (Center and FCCH)

Division of Child Development and Early Education

North Carolina Department of Health and Human Services 333 Six Forks Road Raleigh, NC 27609 Child Care Commission https://ncchildcare.ncdhhs.gov/Home/Child-Care-Commission

## Revised September 2023

The North Carolina Department of Health and Human Services does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or provision of services.

## What Is Child Care?

The law defines child care as:

- three or more children under 13 years of age
- receiving care from a non-relative
- on a regular basis at least once a week
- for more than four hours per day but less than
- 24 hours.

The North Carolina Department of Health and Human Services purpose of regulation is to protect the health, safety, and wellthe Division of Child Development and Early Education. The being of children while they are away from their parents. The law defining child care is in the North Carolina General is responsible for regulating child care. This is done through Statutes, Article 7, Chapter 110.

adopting rules to carry out the law. Some counties and cities in The North Carolina Child Care Commission is responsible for North Carolina also have local zoning requirements for child care programs.

## Family Child Care Homes

care consultants. Licenses are issued to family child care home following the law and to receive technical assistance from child preschool age children, including their own preschool children, homes will be visited at least annually to make sure they are child care home operators must be 21 years old and have a A family child care home is licensed to care for five or fewer provider's own school-age children are not counted. Family and can include three additional school-age children. The high school education or its equivalent. Family child care providers who meet the following requirements:

exempt from licensing. Child care centers may voluntarily meet following the law and to receive technical assistance from child Centers will be visited at least annually to make sure they are Child Care Centers Licensure as a center is required when six or more preschool Religious-sponsored programs are exempt from some of the than four consecutive months, such as summer camps, are higher standards and receive a license with a higher rating. children are cared for in a residence or when three or more Rated License. Recreational programs that operate for less standards of the Notice of Compliance rather than the Star children are in care in a building other than a residence. regulations described below if they choose to meet the care consultants.

### Parental Rights

- Parents have the right to enter a family child care home or center at any time while their child is present.
  - Parents have the right to see the license displayed in a prominent place.
    - Parents have the right to know how their child will be disciplined.

care. Local Child Care Resource and Referral agencies can requirements. Most parents would like more than minimum provide help in choosing quality care. Check the telephone The laws and rules are developed to establish minimum

Child Development and Early Education at 919 814-6300 or 1-For more information, visit the Resources page located on the more information on the law and rules, contact the Division of Child Care Resource and Referral agency in your community directory or talk with a child care provider to see if there is a Child Care website at: https://ncchildcare.ncdhhs.gov/ For 800-859-0829 (In State Only), or visit our homepage at: https://ncchildcare.ncdhhs.gov/

# Child Abuse, Neglect, or Maltreatment

a child at risk of serious injury or allows another to put a child at caregiver injures or allows another to injure a child physically or of Child Development and Early Education at 919-814-6300 emotionally. It may also occur when a parent or caregiver puts facility to report the situation to the Intake Unit at Division when a child is abandoned. North Carolina law requires any abuse, neglect or maltreatment. This occurs when a parent or requires any person who suspects child abuse or neglect in a family to report the case to the county department of maltreatment complaint or the issuance of any administrative person who suspects child malfreatment at a child care The operator of the program must notify parents of children person cannot be held liable for a report made in good faith. receive proper care, supervision, appropriate discipline, or or 1-800-859-0829. Reports can be made anonymously. A Every citizen has a responsibility to report suspected child risk of serious injury. It also occurs when a child does not action against the child care facility. North Carolina law currently enrolled in writing of the substantiation of any social services.

### Transportation

equirements. Children may never be left alone in a vehicle and ransportation for children must meet all motor vehicle laws, Child care centers or family child care homes providing including inspection, insurance, license, and restraint child-staff ratios must be maintained.

## Record Requirements

children's, staff, and program. A record of monthly fire drills and quarterly shelter-in-place or lockdown drills practiced must also shared with parents if children younger than 12 months are in care. Prevention of shaken baby syndrome and abusive head trauma policy must be developed and shared with parents of be maintained. A safe sleep policy must be developed and Centers and homes must keep accurate records such as children up to five years of age.

# Discipline and Behavior Management

punishment (spanking, slapping, or other physical discipline) is prohibited in all centers and family child care homes. Religiousdiscuss it with parents, and must give parents a copy when the shared with parents in writing before going into effect. Corporal Development and Early Education that corporal punishment is part of their religious training are exempt from that part of the law. Each program must have a written policy on discipline, must child is enrolled. Changes in the discipline policy must be sponsored programs which notify the Division of Child

## **Training Requirements**

create an EPR plan. Center and home staff must also training (if caring for infants, 0 to 12 months), prior to Child Care training is required and each facility must caring for children and every three years thereafter. Emergency Preparedness and Response (EPR) in Center and family child care home staff must have complete a minimum number of health and safety training as well as annual ongoing training hours. current CPR and First Aid certification, ITS-SIDS

## Curriculum and Activities

curriculum in classrooms serving four-year-olds. Other Development, Rooms must be arranged to encourage to get a quality point for the star-rated license. Activity programs may choose to use an approved curriculum plans and schedule must be available to parents and must show a balance of active and quiet, and indoor Four- and five-star programs must use an approved children to explore, use materials on their own and and outdoor activities. A written activity plan that development domains, in accordance with North Carolina Foundations for Early Learning and includes activities intended to stimulate the have choices.

### Health and Safety

Local health, building, and fire inspectors visit licensed and FCCHs, meals and snacks must be nutritious and ensure the health and safety of children by sanitizing must be allowed to play outdoors each day (weather centers to make sure standards are met. All children Food must be offered at least once every four hours. children and at least thirty minutes a day for children areas and equipment used by children. For Centers meet the Meal Patterns for Children in Child Care. permitting) for at least an hour a day for preschool licensed family child care home and center must Children must be immunized on schedule. Each under two. Children must have space and time provided for rest.

## Iwo through Five Star Rated License

license. The number of stars a program earns is based the minimum licensing requirements will receive a onestar license. Programs that choose to voluntarily meet Centers and family child care homes that are meeting higher standards can apply for a two through five-star upon the education levels their staff meet and the program standards met by the program, and one quality point option.

## Criminal Background Checks

members who are over the age of 15 in family child Criminal background qualification is a pre-service thereafter. This requirement includes household background check initially, and every five years requirement. All staff must undergo a criminal care homes.